

WHEELY-X: Before You Ride

Getting On Steps 01-02

Lever positions

Getting on / off

90°

While exercising

Back

● Always set both left and right levers to the same position

01



Before boarding

Raise the levers to 90°

Before boarding, raise both roller locking levers upright (90°).

Lever

90°

02



Boarding

Back up the ramps

With the levers at 90°, back up the ramps until the rear wheels sit on the rollers, then attach the safety hooks.

Lever

90°

WHEELY-X: Before You Ride

Exercising and Getting Off Steps 03–04

Caution

Never get on or off while the levers are pulled back.

Never move just one lever — always set both together.

Always go up the ramps in reverse, and keep the safety hooks on while exercising.

03



Exercise

Pull back, then start

With the safety hooks on, pull both levers back, then start using WHEELY-X.

Lever

Back

04



After exercise · getting off

Push to 90°, then roll off

When finished, push both levers forward to 90°, release the safety hooks, then roll down the ramps.

Lever

90°